

Javelin Athletes Physical Stats & Personal Bests

Source: Arshad Nadeem vs. World Elite: How His Javelin Technique Wins Gold
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Details height, arm span advantage, rotational power, and personal best distances for the world's top javelin throwers.

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Athlete	Height	Arm Span Advantage	Rotational Power	Personal Best
Arshad Nadeem (PAK)	~192 cm	Very High	Elite	92.97 m
Neeraj Chopra (IND)	~183 cm	High	Elite	89.94 m
Anderson Peters (GRN)	~185 cm	High	Very High	93.07 m
Julian Weber (GER)	~187 cm	Very High	High	89.54 m
Jakub Vadlejch (CZE)	~186 cm	High	High	90.88 m

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<https://arshadnadeem.pk/arshad-nadeem-javelin-technique-wins-gold/>