

Technical Skills Rating: Nadeem vs Chopra vs Peters

Source: Arshad Nadeem vs. World Elite: How His Javelin Technique Wins Gold

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Rates key javelin technical parameters including run-up efficiency, arm mechanics, and consistency for three elite athletes.

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Technical Parameter	Nadeem	Chopra	Peters
Run-up efficiency	?????	?????	?????
Release angle optimisation	?????	?????	?????
Rotational power	?????	?????	?????
Consistency under pressure	?????	?????	?????
Arm mechanics	?????	?????	?????
Peak distance ceiling	?????	?????	?????

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<https://arshadnadeem.pk/arshad-nadeem-javelin-technique-wins-gold/>